



"Do you know how to open a restaurant?"
You can open a restaurant and serve your specialty
homeland's foods in Japan if you have a license for it.

★★— Do you like cooking? If the answer is yes, you could start —★★
 ★★— your own restaurant to serve your country foods in Japan. —★★

In Japan, there are so many restaurants that offer a variety of foods from around the world. Now, Japanese people can enjoy a variety of cuisine, such as Asian, Italian, French and middle and Near East food. It has become popular to go to such a restaurant. It seems like heaven for gourmet.

We can find a wide variety of restaurants, such as an Indian and French restaurant, at Fujimino-city, where Fujimino International Cultural Exchange Center is located. FICEC's staffs love delicious food. So when they find some good restaurant it becomes a topic of conversation.

Do you have confidence in your cooking? If the answer is yes, why don't you start your own restaurant to serve your country foods? It is not so difficult to open a restaurant. There are 3 principal legal requirements.

★No.1: The facilities must be authorized by public health center. For example, two or more sinks must be installed in the kitchen, hot-water supply apparatus must be installed and hand wash basin and soap must be installed in the bathroom.

★No.2: You or a employee of your restaurant must be qualified as food sanitation supervisor . Under Japanese law, you need to assign one person or more in charge of food sanitation at each facility. However, it is not so difficult to get this qualification.

To qualify as a food sanitation supervisor, you need to attend the one day lecture to learn about hygienic regulation, community hygiene and food hygienics.

Through the lecture, you can learn how to keep the kitchens clean and how to prevent food poisoning. There is an examination after the lecture. If you pass the exam, a qualified person certification is issued. The lecture is held in each prefecture and government-decreed city. For details of the food hygiene lectures, please make inquiries to the public health centers. The examination fee is about 10,000 yen.

★No.3: Prepare the necessary application documents for getting business license.

To obtain a business license, you need to prepare required documents, such as a drawing of a restaurant, a map near the restaurant and a water quality inspection ticket.

The application form is available at public health center.

You fill out the form and submit it along with the above mentioned documents. You have to pay an application fee at that time. Upon receipt of your applications, public health center will notify you of the date of investigation.

Investigation officers in charge will come from a public health center at a later date and carry out the inspection on facilities and equipments of your restaurant whether they meet the No.1 requirement. If everything is OK you will be granted business license within a week.

You can be a restaurant owner like this. Why don't you introduce your delicious homeland's foods to Japanese people?

Note: Details of requirements vary from prefecture to prefecture. Please make an inquiry to public health center before proceeding.



▲ Indrani Yamange' s Sri Lanka Restaurant (Fujimini-city)
 Opened since August, 2000

Why don't you check your dental health by getting "Individual dental check-up for adult"?

● "Individual dental check-up for adult"

Before you lose your teeth completely, get dental check up when your health condition is good. Fujimino-city has started to accept an application for dental check-up. The application period is until November. The check-up would be targeted at people 40 to 70 years of age.

If you want to get the dental check-up, write "こべつしかけんしん" (Individual dental check-up) and required information such as ①Name (put kana beside your name to show how it is read) ②Date of birth ③Age ④Address and zip code ⑤Telephone number ⑥Medical institution that you want to go (if you don't know medical institution, please make inquiries to Kamifukuoka health center. <tel:264-8292>) on a postcard and send it to Kamifukuoka health center. (Address: General Center "FUKUTOPIA" 1-2-5 Fukuoka, Fujimino-city) Every applicant needs to apply individually. The health center will send to you a check-up questionnaire if your application is accepted.

Saturday is the day of international children's club.

We devote our energy to improve student academic skill.

Summer vacation is half way through. Children work hard for keeping themselves fit at the height of summer. For them, summer vacation homework may be a pain in the neck. International children's club helps such children do their homework. The club provides learning support to children whose mother tongue is not Japanese. It opens every Tuesday and Saturday from 10:00 to 12:00 during summer vacation. Let's finish your homework together.

The hot summer event in FICEC's Japanese class "Experience of wearing YUKATA and eating SOMEN"

Fujimino city Tanabata festival, is crowded with many people every year, will be held on August 7th and 8th. It is one month late from original date. In the Japanese class, we will hold the Tanabata-related event. You can have Yukata-wearing experience. It will be held on August 5th from 12:00. Let's create a special memory of Yukata and also enjoy somen through the event. It's free of charge. Why don't you come and join the event together with your friend?



Strange Japanese custom for foreigners

Ayumi Kanda

"What is your *type*?"

If you live in Japan for many years, you may be asked the question in a conversation. You may be confused when you are asked about your *type* if you don't know about this Japanese popular culture.

In Japan, it's common for people to ask this sort of question. If Japanese people are asked about "type", 38 percent of them will answer "Type A"

The "type" actually means blood type. Did you know that? In Japan, there is a widespread belief that personality is determined by one's blood type. In recent years, the media and many books related to blood types have helped establish this belief. People tend to ask about one's blood type as they ask about one's name and birthday. The percentage of the four blood types in Japan is as follows: 38 percent Type A, 31 percent Type O, 22 percent Type B and 9 percent Type AB

Here are the general ideas of each blood type.

Type A: They are earnest, indecisive.

Type B: They are doing things at one's own pace. People with peculiar tastes

Type O: They are outgoing, straightforward.

Type AB: They have two different faces.

They have something of a genius.

The idea that blood type influences personality is known among people in Asian countries, such as Japan, Korea and Taiwan. However, other people are unfamiliar with the idea and sometimes they think this culture is interesting. Why don't you ask your friend about his/her blood type? You may find out something new.

Get a hazard map to prepare for an earthquake and Check a nearby evacuation area in advance.

Earthquakes occur frequently in Japan. However, we don't know when the next "big" earthquake will come.

In order to prepare for an earthquake, talk to your family about a nearby evacuation area. You should determine a meeting place in case the family falls apart. Fujimi-city and Fujimino-city have made a new hazard map. Please obtain it for emergency situations. If you don't know how to get it, apply to FICEC. We will obtain it for you.

www.ficec.jp/living/

● Living Guidance translated in 6 languages is available.