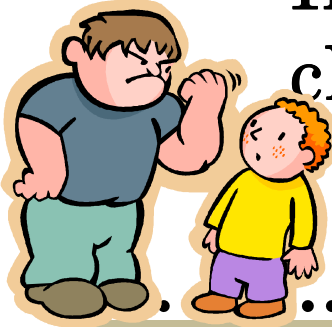


In order to defend your dear child for “trap for bullying”...



Pick up opinions of active people in various fields

People are talking about “bullying” all over Japan. Please learn from advices to defend your child from this bad trap.

■ Please continue to talk with your child in your family on daily basis !

Advice 1 If your child seems to be worried about something, do not let him/her take the problem only by himself/herself. Encourage him/her to talk with parents, siblings and teachers. Let him/her realize that confiding his/her worry is not to be ashamed at all.

Advice 2 Dissuade your child from following his/her friends without thinking. Let have him/her take an attitude to have his/her own opinion first and then judge what to do.

Advice 3 When something happen to bullied child, those who pretend not to know it regret much. Just looking at bullying is also a kind of bullying. In order not to create bullied friend and regret for doing nothing, please talk with your child so that your child say something to others to prevent bullying.

Advice 4 In bullying structure, strong child bully weak one. Unless surrounding children are stronger than bully, weak child can not be helped. Why not resist desperately when one is bullied. May be defeated again but we should know that consciousness of bullying disappear often when bully feel pressure by resistance.

Advice 5 Children with experiences of being bullied grow up to be gentle persons. There are many who have such experiences. Persuade your child to never fail to say to others when he/she is bullied. Bullying exist everywhere not only in school but also in society.

Advice 6 In many cases, bullying is not one to one relation. Bully attack weak one together with his/her friends. Let your child try to make many friends. Such friends will defend him/her.

Advice 7 It's difficult to tell someone about own bullying situation. We will also not be able to consult someone. Under such situation, I talked with DJ of radio and was encouraged. Let your child know that there are even some complete strangers who concern him/her seriously.

Advice 8 “Bullying” is a crime. It is the same as threat, violence and injury. Tell your child that not only bully, but also lookers-on are offenders. Those who say nothing are partners in the crime. All pupils of the class must face the problem. Bullies are few in number.

Advice 9 If bullying is terrible, bullied child should try to stay away from the school, for 1 term or whole a year. Bullies exploit his/her weakness. School will not leave the situation untouched. As a result, the fact of bully will come out. First of all, please become supporter and adviser of your child.

Advice 10 Real strong child do not bully because he/she has a self confidence. Let have your child something superior to others, Parents should find it with their responsibility.

Type of polio vaccine and its vaccination have been changed



In order to prevent fearful polio, Oral polio vaccine has been used so far, but inactivated polio vaccine will be vaccinated periodically from now on. Oral polio vaccine

(twice vaccination) is a drink. Inactivated polio vaccine is injection.

Regular vaccination to defend your child from polio is planned as follows.

There are 4 times vaccinations (3 times initially and 1 additionally)

Targeted age is 3 to 12 months after birth.

Initial 3 vaccinations are at 20 days interval and 1 additional is done 6 month later after initial vaccination.

Even if this period (from 3 to 12 month after birth) elapse, one can take the vaccination until 90 months (7 years and 6 months). For farther details, ask City Health Center 049-252-3771

Why not ride on mini train?



In Fujimi-shi, mini steam locomotive runs. Many children enjoy riding on it. Why not ride on the steam locomotive to move by giving off steam. Free of charge.

The date:

10/14, 11/11, 11/25, 12/9 (Sunday)

Time: 10:00AM, 1:00 PM

Inquiry:Fujimi-shi, Partnership with Citizens Promotion Section (Kyodo Suishin Ka) 049-251-2711

Medical checkup for children who enter elementary school next April!

Fujimi-Shi, Fujimino-Shi and Miyoshi-Machi provide medical checkup for children who will enter elementary school next April (born between April 2 in 2006 and April 1 in 2007).

The notice of check-up was sent to those children in September. Go to school with your child. It will be carried out in October but the date varies at each school. Please never fail to go after confirming the notice.

Do you know someone who can translate Japanese into native language?

FICEC does various activities so that foreign residents lead comfortable living. Translation is one of those important tasks. We are looking for someone who can translate Japanese into his/her native language. If you know someone, we'd like you to inform us by FAX.

★FAX 049-256-4291

Have you received new health insurance card?

National health insurance is the system in which you should join not only for yourself but for your family. The card is renewed from October, and is sent to all members by the end of September. Please check it. Need to pay attention because old card can not work.

If those who join the system have not received the card yet, please ask at the nearest city office's Insurance and Pension Section (Hokennenkin-Ka, Kenkouhoken-Kakari)

< cutoff line >

*Name and nationality of person who can translate

● Address to which we can connect and Phone-number

● Language to translate

www.ficec.jp/living/

● For farther details 「Fujimino International Cultural Exchange Center 」 049-256-4290