# Shelter in case of earthquake

# Let's think about basic natural disaster

#### In Japan, earthquake frequently occurs. Daily preparation is important

#### 1. Earthquake

Earthquake is one of a natural disaster that occurs on the earth.

Most of earthquakes that occur on all over the earth occur in the deep sea. In some cases, it occurs in mountain-forming zone such as in Himalaya Mountains.

Among all earthquakes occurred on the earth, about 20% occur at the point closed to and on the land of Japan. Japan is one of the country where occurrence of earthquake is concentrated.

Though giant earthquake scarcely occur which cause considerable damage, a huge earthquake occurred in Japan, on March 11, 2011.

Such huge earthquake occurs only once in several tens or hundred years. But in Japan, earthquake of rather lower earthquake intensity, such as intensity 5 lower, or lower scale, frequently occur.

In overseas, such earthquake may be called a huge earthquake. But in Japan, earthquake with lighter degree frequently occur. Buildings such as very old or bad management may collapse in some cases but it is very rare.

Though buildings may not collapse, broken glass may drop from above. So in case of earthquake, bend your body in a low position and protect your head with bags or anything.

#### 2. Shelter

If you cannot live in your house after the disaster, you can stay at shelter where minimum foods and daily necessaries are provided by the local government or private groups. In many cases, school buildings, halls or stadium with a roof are used for the shelter.

In such case, many strangers, who also lost their houses, live together and their living will change thoroughly, which may cause some troubles. Therefore, common rule may be established at each shelter, to avoid needless troubles. It is important to live together, observing the rule.

The shelter is a temporary living place. It is opened only for several months to one year, at longest.

It is important to restart your independent life as fast as possible.

Crisis Management and Disaster Prevention Section, Fujimino-shi

Talk about how to protect yourself from natural disaster with your family and friends

#### Check the contents of the My Number Notification Card. It is a new system in Japan

My Number system starts, which allocates 12-digit numbers to all persons living in Japan. The notification card, which notifies your individual number of the resident, is sent to the address registered in the resident card as of October 5

This card is very important because it notifies the number, which can be used as your identification card. My number card is very important to live in Japan. You should understand the content of the notification card. Contact FICEC for any consultation.

My Number Card is free and you can receive at the municipal office from January, 2016.

#### ●How to receive My Number Card

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#### In October

Notification letter of the My Number is delivered with a return-mail envelope to each family unit.

Apply for issue of your My Number Card.
Electronic application is also available.

#### In January, 2016

Bring necessary items (notification letter for the issue, notification card, identification card) and receive your My Number Card at the municipal office.

#### Check if your new health insurance card is delivered for your healthy life

Your health insurance card is renewed on October 1.

Check if it is delivered to the householder until the end of September.

Be sure to check if you have the new card because the old one cannot be used. For any questions please contact "Insurance Pension Division" at your local municipal office.

### Health checkup for children entering elementary school

Health checkup for children entering elementary school next spring starts. Notification letter is already sent in the beginning of September. If you have a child entering elementary school next spring but you have not received the notification letter, contact School Education Division of your municipal office. Also contact FICEC for any help.

Date of the health checkup differs according to the school your child is entering so make sure to take the checkup for the school to enter.

## FICEC is authorized as "Supporter to prevent bullying" in Fujimi-shi



Bullying is a despicable action and we are confronting to prevent it all over in Japan. In Fujimi-shi,

approving groups are gathered to prevent bullying.

FICEC also participates as "Supporter to prevent bullying". We will try to settle any bullying behavior carefully, even if it is a very little case. Please contact us if you have any troubles of such cases.

#### National population census for foreigners in Japan

National population census is performed every five years. It is to investigate about construction of families. Foreigners living in Japan are also included for the investigation. You should submit the questionnaire paper until October 7. If you have not submitted it yet, please mail it or submit to the investigator.